



St. Joseph's Parish
An inclusive community

A Parish of the Oblates of
Mary Immaculate
since 1856

St. Joe's Weekend Bulletin

February 21st, 2016 — Second Sunday of Lent

www.St-Josephs.ca
Find us on Facebook!

151 Laurier Ave. E. Ottawa, ON K1N 6N8 * 613-233-4095 * frontdesk@st-josephs.ca

Office Entrance

151 Laurier Ave. E.

Church & Hall

174 Wilbrod St.

Office Hours

Mon-Fri: 8am-7:30pm

Sat: 11am-5pm

Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass

(Sept 13, 2015—April, 2016)

Weekday Mass

Wed/Thur/Fri at 12noon

Starts Sept 9, 2015

Reconciliation

after noon Mass during the
school year or by appt.

Adoration

1st Fri. after the noon Mass
at in the Church.

Parking

—In our lot (no need to pay
meters while attending
weekend Mass + 30 minutes
after Mass. Ministry activi-
ties will receive passes from
your leader. If you are park-
ing for non parish related
activities, please pay the
meter located at the south-
ern corner of the lot to-
wards Laurier.

—Or park in U of O Lot B
only on Sundays from 9am-
2pm (enter off Cumberland
between Wilbrod & Stew-
art). Get pass at Welcome
Desk to display in car.
Questions? Contact Bran-
don at x251.

Tax Receipts

*Individual Tax receipts
for the year 2015 will
be available for pick-
up at the back of the
church following
Masses on Feb. 20-21.*

Has Lent passed you by? We have five more weeks. It's never to late to open our hearts to God in new ways.

Lent: Beginning Again Always

By Sister Joan Chittister, OSB

Ash Wednesday signals the beginning of that season of the church year that is most commonly associated with penance. But there is a danger lurking in that definition. If penance is all that Lent is about, the season, if not almost useless, is at least somewhat trivial. It makes the spiritual life some kind of arithmetical balancing act. I do so many penances for so much human misadventure, and payback time is over. The important thing is that I remember to come out even.

But Lent is a much greater moment in life than that. Today's readings make the distinction stark and clear.

The scripture for the opening of Lent, Joel 2:12-18, takes us back to a time of great danger in Israel. The land has been ravaged by locusts, the crops are failing. The very life of the population is in question. The prophet Joel, convinced that the people have brought the disaster upon themselves by virtue of their unfaithfulness, summons the House of Israel to repent its ways. But, interestingly enough, he does not call them to attend penance services in the synagogue. He does not require them to make animal sacrifices in the temple. He does not talk about public displays of remorse, the time-honored tearing of garments to demonstrate grief. No, Joel says instead, "Rend your hearts and not your clothing."

Lent is a call to weep for what we could have been and are not. Lent is the grace to grieve for what we should have done and did not. Lent is the opportunity to change what we

ought to change but have not. Lent is not about penance. Lent is about becoming, doing and changing whatever it is that is blocking the fullness of life in us right now.

Lent is a summons to live anew.

The first challenge of Lent is to open ourselves to life. When we "rend our hearts," we break them open to things we are refusing for some warped reason to even consider. We have refused for years, perhaps, to even think about renewing old commitments that we've allowed to go to dust -- spending time with the children, vis-

iting our parents, exercising, taking time to read good books. We've closed our minds, maybe, to the thought of reconciling with old friends whom we have hurt. We've refused to put the effort into reviving old spiritual practices like visits to church, meditation

in the morning, the memorization of the psalms, that we allowed to die in our youth but failed to substitute for as we aged. We've failed to repent old abrasions, quick words, harsh judgments made in haste and expiated never. We have closed the doors of our hearts, as time went by, to so many of the things we need to live full and holy lives.

Lent is the time to let life in again, to rebuild the worlds we've allowed to go sterile, to "fast and weep and mourn" for the goods we've foregone. If our own lives are not to die from lack of nourishment, we must sacrifice the pride or the sloth or the listlessness that blocks us from beginning again.

Then, as Joel promises, God will have pity on us and pour into our hearts the life we know down deep that we are lacking.

(from HuffPost Religion, 3/8/2011)



Welcome!

Are you new to St. Joe's or a visitor? Please introduce yourselves at the Welcome Desk at the back of the Church, or contact Maria Virjee, 613-234-6000, mvsali@bell.net

Registration

Forms can be found at the Welcome Desk

Envelopes

Are provided upon registration. Please mark your name clearly on front of each envelope.

Online Giving

Can't be bothered with envelopes? Sign up for auto-debit at Welcome Desk or through "Canada Helps" on our website under "About/donations"

United Way

United Way
#131771990RR0006

Bequests

Please consider including St. Joe's in your will.

St. Joe's in the Media

A new page has been added to the parish website—find it under Publications. Use it to see which publications are talking about us and what they're saying. Most recently, *The Ottawa Citizen* covered last week's memorable guest Lenten Reflection by Justin Clark. Read Kelly Egan's column at <http://st-josephs.ca/st-joes-in-the-media/>

Our Financial Stewardship...COLLECTION for Feb 14: \$6,280

The work of our parish is supported through the generosity of our parish community. This includes the spiritual life of our faith community, care for those who come to our doors and efforts to promote social justice in our city, country and world. To maintain a balanced operating budget for our church and all our ministries, including the Women's Centre and St. Joe's Supper Table, requires an average minimum collection of \$6,200 per week based on a full year. Donations fluctuate seasonally. We are grateful for every gift.

****Please be sure to write the amount of your donation on your envelope. It really helps. Envelopes are available in most pews for visitors who wish to use them.*

Weekly Events Sundays

—Masses at 9:30am & 11:30am + 7pm University Mass (Sept-April).

—**Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome.

Erin.anderson@rogers.com

Mondays

—weekly 9:30am **Christian Meditation** 613-730-0108.

Wednesdays

—**English Conversation and Practice for Newcomers to Ottawa**
7- 8:30 pm (Sept - June)
Saint Paul University,
233 Main St.,
Laframboise Hall, Rm
L142. 613-744-2429 or
michaelrichard2008@hotmail.com

Fridays

—weekly 7:30pm **Christian Meditation** 613-236-0155

—**Catholic LGBT**
(Lesbian, Gay, Bisexual and Transgender Persons), 2nd Fri/month
Sjcggroup@gmail.com)

Saturdays

—**Vigil Mass** at 5pm

News from around the Table...The Supper Table

from Mary Murphy, Supper Table Manager,
mmurphy@st-josephs.ca 613-233-4095 x 240
Our new website: www.stjsuppertable.ca

To-Go Cup Update

Thank you for continuing to donate To-Go cups to help us reduce our Styrofoam use. We had originally tried to get rid of Styrofoam cups, but the expense of disposable paper hot cups is more that we can afford. As you find you don't need your to-go cups, please think of us and drop them off at the church entrance. Thank you to Cheryl for this idea and for collecting so many!

Meatloaf

Thank you for your meatloaf donations! Meatloaf is a favourite, and it will be served on Tuesday this week.

Strathcona Heights Community Fair

Thank you to our team of volunteers who made our participation at the Strathcona Heights Community Fair such a success! We made many friends and helped to spread the word about our community kitchen.

Beneficiary Option

If you are thinking of updating your will, you might consider adding St. Joe's Supper Table as a beneficiary. It can be as simple as including a statement in that St. Joe's Supper Table receives, for example, five per cent of the estate.

Food Bank Needs: canned meat, mac and cheese, juice, canned fruit, creamed soup, tea, canned milk, cereal, peanut butter, jam, fresh vegetables

Meal Program Needs: Margarine or butter (when on sale for \$2.99) ground coffee or coffee beans, sliced bread, sandwich meats

Welcome Desk Volunteers Needed

—Two volunteers are needed for one Saturday a month. For this, you must arrive 20 minutes before 5 pm Mass, and remain 20 minutes afterward. Please contact Ann Kelly at ak-3@sympatico.ca or sign up at Welcome Desk.

—One volunteer needed for the 9:30 am Mass on the third Sunday of the month. General duties include staffing the Welcome Desk, receiving registrations and answering questions. Please contact Michelle Miller at mmiller@st-josephs.ca for more information or sign up at the Welcome Desk.

Backpacks and school supplies needed for our new Syrian Neighbours!

"And who is my neighbor?" – Luke 10:29

The Syrian Support Group is thankful to all who could join our information session last Thursday evening. During the meeting, we discussed important cultural norms and practices of Syrians. We were also presented with information concerning the size and demographics of Syrians settling in Ottawa.

Most Syrians will be arriving in Ottawa, in the next two to four weeks. A large number of arriving Syrians are under the age of 14. Many families with young children are also coming to Ottawa. Due to the large influx of Syrian children, the Syrian Support Group will be focusing on collecting backpacks filled with school supplies for children heading to school in Canada for the first time.

We will be collecting new backpacks each Sunday, starting Feb. 28, and we will continue collecting until Easter. We will distribute these backpack to schools each week.

If you are able to donate a backpack filled with school and lunch supplies (thermos, containers, no food) for a Syrian child, **please pick up directions and an updated school supply list at the Welcome Desk or on the St. Joe's website.**

If you would like to contribute financially to purchasing backpacks and school supplies, then please pick up a Refugee Outreach Committee donation envelop at the Welcome Desk. For further information about this initiative, contact: michael@mcbane.ca

Contacts

Executive Director

—Chris Adam x223
cadam@st-josephs.ca

Finance

—Anthony Churko x229
achurko@...

Faith Formation & Young Adult Ministry

—Michelle Miller x235
mmiller@...

Front Office Coordinator

—Brandon Rushton x251
brushton@...

Maintenance

—Nick Cacciato x230
ncacciato@...

Music & Liturgy

—Jamie Loback x228
jamieloback@yahoo.ca

Pastor

—Fr. Richard Beaudette x222
rbeaudette@omilacombe.ca

Supper Table Manager

—Mary Murphy x240
mmurphy@...

Women's Centre Director

—Marsha Wilson x224
mwilson@...

Library News

Books available on the Lord's Supper include:

Dowling, John, *Truth about the Eucharist* (BX2215.2.D68 1996); Grassi, Joseph, *Broken Bread and Broken Bones: the Lord's Supper* (BV825.2.G69); Jorgenson, Susan, *Eucharist: An Eight Session Ritual—Catechesis for Adults* (BX2230..3.J67).



LGBT and Straight Alliance's Book Club

Please join us for a discussion of Colm Toibin's novel *The Blackwater Lightship*, Thursday, March 31, 7 pm in the Oblate Lounge in the parish building. The book is available at the Ottawa Public Library and in bookstores.

Young Adult Ministry

for those in their late teens, twenties, and thirties

—Sunday, Feb. 21 – **Supper Table cooking** after 7 pm Mass.

—Monday, Feb. 22 – **Young Adult Men's Small Group** 7:30 pm

—Friday-Sunday, March 18-20: **Young Adult Lent Retreat** at Bethesda Retreat Centre. \$45. Space is limited. Registration will open via Michelle's weekly email.

—Join the **Young Adult contact list** at the Welcome Desk. See red binder.

Baptism Prep

Three Saturdays: March 5, 12, and 19 from 10-11:30 am. Plan to attend all three. Registration required. Contact Michelle.

Marriage Prep

The St. Joe's spring course will be Apr. 9 and 10 from 9:30 am-4pm each day. Register online. **Questions?** Contact Michelle Miller at mmiller@st-josephs.ca or 613-233-4095 x 235.

Need info on:

--Baptism

--First Communion

--Confirmation

--Adult Initiation

--Marriage Prep

--Weddings

Visit website then contact Michelle Miller x 35 or mmiller@st-josephs.ca

--Funerals

Sharon Gravelle
segravelle@bell.net

--Memorial Masses

contact the Front Desk

--Pastoral Care or Anointing of the Sick

Contact the Parish Office or Fr. Richard Beaudette

—Our Bulletin

—Is also posted on our website each week.

—Email submissions online at the website under "publications/bulletin/submission" by Wed noon.

—To receive this Bulletin via email each week, contact: frontdesk@st-josephs.ca



St. Joe's in the Snow



Check out the Parish Office during Thursday's record-breaking snowfall! Despite the fact that you could barely see the entrance, the St. Joe's Supper Table stayed open to feed those in need after the long weekend.

Follow us on Instagram at "st.josephsparish" to receive similar updates and stay connected.

Development & Peace

Commitment to Syria

Development and Peace has called on the Canadian Government to extend humanitarian aid to the most vulnerable in the Syria crisis and to intensify its diplomatic efforts. According to the United Nations, during five years of war, 13.5 million Syrians have needed immediate help and 4.5 million sought refuge outside their country, while 6.6 million are internally displaced. Development and Peace has been responding since 2012 and has invested \$24 million to assist 600,000 Syrians in Jordan, Turkey and Lebanon, mostly with local Caritas partners. Since September 2015, \$2.2 million in D & P donations have been matched by the Canadian Government. Donations to "Syria Crisis" made before Feb. 29 will still be matched. Donations for Syria can be made at devp.org; or Development and Peace, 1425 René-Lévesque Blvd., 3rd Floor, Montreal QC H3G 1T7; or [888-234-8533](tel:888-234-8533).

Share Lent "Create a Climate of Change"

Lent 2016 falls within Pope Francis' Jubilee Year of Mercy (Misericordia Vultus), in which he calls us to be merciful in order to make connections with others. Let us reflect this Lenten season how we are all connected to each other and how we can commit to helping our brothers and sisters around the world, our common home. The Development and Peace solidarity calendar questions us about our lifestyle and environmental imprint, and the prayer card presents a "Psalm of Humanity for Creation." Both are available at the back of the church by the bulletins.



Celebrating 200 Years and Looking Ahead

In the wake of the French Revolution and the Napoleonic years, Eugene de Mazenod and a few other priests recognized that the Church in France was practically dead. Eugene, a young nobleman who had returned from exile, was seeking his way in life. Having had a profound experience of God's love one Good Friday, he realized that his vocation was to be a priest. As he was being ordained, he felt a strong call to reach out to the poor in the city of Aix-en-Provence, his home. He realized that what little was left of the Church was focused on the rich and the powerful of the city. The servants, the farmers, the youth of the city, the prisoners from another of Napoleon's many wars – so many were totally ignored by the local Church. Eugene and his companions determined to form a group of missionaries who would reach out to those in the city and the surrounding countryside who had little or no connection with the Church. In order to reach them more effectively, they chose to preach in Provençal, the local dialect, rather than the formal French.

On Jan. 25, 1816, six priests came together and committed themselves as the Missionaries of Provence to “preach the Good News to the poor.” Ten years later, Eugene sought the approval of Rome for his community, which would give them the opportunity to move beyond the confines of the Diocese of Aix and indeed reach out to the whole world. On Feb. 17, 1826, the pope approved the congregation and suggested the name the “Missionary Oblates of Mary Immaculate.”

Two hundred years after our founding, the Missionary Oblates of Mary Immaculate work on five continents, in many different situations. They are found in the slums, in war-torn areas, in the inner city, in missions around the world – wherever there is need for the Good News. As we look ahead, the Oblates are challenged to remain faithful to that original call and charisma to which Eugene responded and to find new and innovative ways to continue to bring, and to be, Good News in our world today.

Reflections on Mazenodian Living

Visit the following link to read weekly reflections and stay in tune with Mazenodian living:
<http://st-josephs.ca/demazenodian-reflections/>



Pray for the sick: Denyse Cyr, Loretta Favret, Cassandra Destin, Anathalie Guerrier, Frantz Donatien, Yvon Saurnier, Daniel Nixon, Jim Teahen, Zhang Yu Lan, Danny Sullivan, Jean– Claude Filion, Pauline Shields, Cecilia Ryan, Mauril Belanger, Richard Maloney, Mary Wynands, Baby Audrey, Liliana Sarda, Sally Morrow, Pat Dunnigan, Cathleen Kneen, Remo Marcantonio, Alice Fox, David Fox, Maria Teixeira, Geraldine Dunnigan, Tony Lo, Grainne & Ken Lambert, Benjamin Drobig, Joshua Henry, Michael Moses, Maureen Monnette, Simone Maingot, Rolf Schindler, and Joel Bachman. **Pray for those who have died:** Lorraine Gunn, Mercier Lafontaine, James Robinson, Stan Dimitrijevic, Peter Tyrrell, Helena P., Edward M., Jean Lajeunesse, Frank Fox, Anna Yensen, Sr. Cecile Larocque, Alain Pouliquen, Anthony Borrelli, Rose Holl, Mark Kingston, Doug Small, Augustine, Sister Teresa Cannon, Elizabeth Bradley, Black Phillips, Eugene Grenier, Connie Larock, Evelyn Garneau. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

FROM AROUND THE COMMUNITY...

THE COUNCIL ON AGING OF OTTAWA “LUNCH & LEARN” EVENT: Topic: How do you want to be remembered? Understanding Funeral Planning. **Wed., Feb. 24, 12:00 noon** at the Council on Aging of Ottawa, 1247 Kilborn Pl. Limited space available. Cost: \$5 for COA non-members. Advance registration required: Lise-Michèle Bouchard (613-789-3577 X 11); (l-m.bouchard@coaottawa.ca).

RE-WIRING MY BRAIN FOR LOVE: This talk wants to capture the best for love and lovers based on Dr. Stan Tatkin's book, *Wired for Love*. Taking a multi-faceted developmental approach, this talk points to the fundamental capacity for humans to grow, evolve and overcome their wounds through understanding how we are wired for love from the moment of birth. This seminar is for both couples (bring your partner) and singles (bring a friend). The seminar, presented by Dr. Martin Roves, will take place on **Thursday, Feb. 25 from 7-9 pm at Saint Paul University, Guigues Hall, Auditorium (Room #203)**. The cost is \$20/adult and \$10/student. For more information, visit <http://www.relationshipsmatter.ca/>

CPJ CLIMATE ACTION AFTER PARIS - NEXT STEPS FOR FAITH COMMUNITIES:

At international climate negotiations (COP21) last December, world leaders drafted "The Paris Agreement." Citizens for Public Justice is hosting an event to explore the significance of this agreement and how faith communities can move forward on climate issues. Dennis Gruending will interview Mardi Tindal (leader of The United Church delegation to COP21) regarding her experience of COP21. Following time for questions, Karri Munn-Venn (Citizens for Public Justice), Graham Saul (Ecology Ottawa), and Tony Clarke (The Polaris Institute) will lead a discussion of next steps for Canadian communities of faith. Join us at Centretown United Church, 507 Bank St (at Argyll), **Wednesday, March 9, 7-9 pm**. More info at cpj.ca/events.

CALL FOR CLIMATE JUSTICE: In September 2015, leaders of Canadian faith communities issued a statement “On Promoting Climate Justice and Ending Poverty in Canada” (cpj.ca/ccc-statement), a call for federal government action to end poverty and fight climate change. Now Citizens for Public Justice is coordinating a national petition from people of faith who are echoing this call for climate justice. Add your voice to the call online at cpj.ca/climate-call.