



St. Joseph's Parish
An inclusive community

A Parish of the Oblates of
Mary Immaculate
since 1856

St. Joe's Weekend Bulletin

February 28th, 2016 — Third Sunday of Lent

www.St-Josephs.ca
Find us on Facebook!

151 Laurier Ave. E. Ottawa, ON K1N 6N8 * 613-233-4095 * frontdesk@st-josephs.ca

Office Entrance

151 Laurier Ave. E.

Church & Hall

174 Wilbrod St.

Office Hours

Mon-Fri: 8am-7:30pm

Sat: 11am-5pm

Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass

(Sept 13, 2015—April, 2016)

Weekday Mass

Wed/Thur/Fri at 12noon

Starts Sept 9, 2015

Reconciliation

after noon Mass during the
school year or by appt.

Adoration

1st Fri. after the noon Mass
at in the Church.

Parking

—In our lot (no need to pay
meters while attending
weekend Mass + 30 minutes
after Mass. Ministry activi-
ties will receive passes from
your leader. If you are park-
ing for non parish related
activities, please pay the
meter located at the south-
ern corner of the lot to-
wards Laurier.

—Or park in U of O Lot B
only on Sundays from 9am-
2pm (enter off Cumberland
between Wilbrod & Stew-
art). Get pass at Welcome
Desk to display in car.
Questions? Contact Bran-
don at x251.

Reflections on Mazenodian Living

Visit this link below to
read weekly reflections
and stay in tune with
Mazenodian living:
[http://st-josephs.ca/
demazenodian-
reflections/](http://st-josephs.ca/demazenodian-reflections/)

Jesus,
kind and patient
gardener of souls,
when we are barren
like that fig tree,
soak our roots,
make them
moist with your love.
Pour grace on us like water
on parched land
until we bear fruit.

Anne Osdieck



Registration Now Open 2016 Young Adult Lent Retreat

Friday evening, March 18—Sunday lunch, March 20
Bethesda Retreat House, Ashton, ON.

\$45 per person (covers food, transportation & lodging)

Come relax, pray, and enjoy each other's company for a weekend away from
the busy-ness of life. Register online under Young Adult Ministry.



Lenten Small Group Faith Sharing

Our group will continue to meet
for the duration of Lent on
Wednesdays at 7:15 pm in the
Oblate Lounge. Join us to share
stories of your faith journey as
related to the Lenten scriptures.
Enter via the Laurier Ave. en-
trance.

Development & Peace Coffee Sales

Fair Trade coffee is sold after
each Sunday 9:30 am Mass in
the kitchenette at the back of the church.
A variety of regular, decaf, and beans are
sold in packages of 340g/12oz for \$12.
Proceeds support the work of Develop-
ment and Peace. We do not yet have vol-
unteer sellers at the other Masses.



Blog St. Joe's Blog

A new blog post featuring one of St. Joe's Supper Table's top
Chef's was posted this week.

Read it at http://st-josephs.ca/blog_post/a-conversation-with-a-chef/

St. Joe's in the Media

A new page has been added to the parish website—find it under Publications.
Use it to see which publications are talking about us and what they're saying.
Most recently, *IMAGE Sandy Hill* formally welcomed Fr. Richard to the
community. Read it at: <http://st-josephs.ca/st-joes-in-the-media/>

Welcome!

Are you new to St. Joe's
or a visitor? Please intro-
duce yourselves at the
Welcome Desk at the
back of the Church, or
contact Maria Virjee,
613-234-6000,
mvsali@bell.net

Registration

Forms can be found at
the Welcome Desk

Envelopes

Are provided upon regis-
tration. Please mark your
name clearly on front of
each envelope.

Online Giving

Can't be bothered with
envelopes? Sign up for
auto-debit at Welcome
Desk or through "Canada
Helps" on our website
under "About/donations"

United Way

United Way
#131771990RR0006

Bequests

Please consider including St.
Joe's in your will.

Males Spirituality Open Circle

Monday February

29; 7 - 9:15 pm;

"Waking up to Grace" -
How have we experi-
enced traces of grace?
What are some keys for
getting into the flow?

The Circle forms out in
nature at Bethesda Re-
newal Centre. Details
and carpool info at
www.malespirituality.ca
RSVP's
[davidanthonyper-
ry@gmail.com](mailto:davidanthonyper-ry@gmail.com)

Our Financial Stewardship...COLLECTION for Feb 21: \$6,318

The work of our parish is supported through the generosity of our parish community. This includes the spiritual life of our faith community, care for those who come to our doors and efforts to promote social justice in our city, country and world. To maintain a balanced operating budget for our church and all our ministries, including the Women's Centre and St. Joe's Supper Table, requires an average minimum collection of \$6,200 per week based on a full year. Donations fluctuate seasonally. We are grateful for every gift.

****Please be sure to write the amount of your donation on your envelope. It really helps. Envelopes are available in most pews for visitors who wish to use them.*

Weekly Events Sundays

—Masses at 9:30am & 11:30am + 7pm University Mass (Sept-April).

—Children's Liturgy at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome.

Erin.anderson@rogers.com

Mondays

—weekly 9:30am Christian Meditation 613-730-0108.

Wednesdays

—English Conversation and Practice for Newcomers to Ottawa

7- 8:30 pm (Sept - June)
Saint Paul University,
233 Main St.,
Laframboise Hall, Rm
L142. 613-744-2429 or
michaelrichard2008@hotmail.com

Fridays

—weekly 7:30pm Christian Meditation 613-236-0155

—Catholic LGBT (Lesbian, Gay, Bisexual and Transgender Persons), 2nd Fri/month
Sjcgllgroup@gmail.com)

Saturdays

—Vigil Mass at 5pm

News from around the Table...The Supper Table

from Mary Murphy, Supper Table Manager,
mmurphy@st-josephs.ca 613-233-4095 x 240
Our new website: www.stjsuppertable.ca

Community Kitchen Update

Our Community Kitchen had five participants last Saturday and they made meatloaf.

Comments from the event:

- ⇒ "I enjoyed cooking with others and especially going home to enjoy the meal."
- ⇒ "I appreciated learning a new recipe."

In the next while, you will see other workshops or cooking nights that anyone can join. Some plans include a Pierogi Night and a workshop on making your own sauerkraut. Stay tuned for details!

Beneficiary Option

If you are thinking of updating your will you might consider adding St. Joe's Supper Table in as a beneficiary. It can be as simple as writing a statement line in that St. Joe's Supper Table receives 5% of the estate.

To-Go Cups

To-Go cups help us reduce our Styrofoam usage. We had originally tried to get rid of Styrofoam cups, but the expense of disposable paper hot cups was more than we could afford. As you find you don't need your to-go cups, please think of us and drop them off at the church entrance. Thank you to Cheryl for this idea and collecting so many!



Food Bank Needs: Canned meat, mac and cheeses, juice, canned fruit, creamed soup, canned milk, cereal, peanut butter, jam, fresh vegetables, sugar, canned tomatoes, canned stew, basil, oregano, salt, pepper, thyme, savory, curry and other herbs and spices

Meal Program Needs: Margarine or butter (on sale – when it is \$2.99) ground coffee or coffee beans, sliced bread, sandwich meats.

Backpacks and school supplies needed for our new Syrian Neighbours!

“And who is my neighbor?” – Luke 10:29

Most Syrians will be arriving in Ottawa, in the next two to four weeks. A large number of arriving Syrians are under the age of 14. Many families with young children are also coming to Ottawa. Due to the large influx of Syrian children, the Syrian Support Group will be focusing on collecting backpacks filled with school supplies for children heading to school in Canada for the first time.



We will be collecting new backpacks each Sunday, starting Feb. 28, and we will continue collect-

ing until Easter. We will distribute these backpacks to schools each week. If you are able to donate a backpack filled with school and lunch supplies (thermos, containers, no food) for a Syrian child, please pick up instructions and an updated school supply list at the Welcome Desk or on the St. Joe's website.

If you would like to contribute financially to purchasing backpacks and school supplies, then please pick up a Refugee Outreach Committee donation envelope at the Welcome Desk. For further information about this initiative, contact michael@mcbane.ca

Another way you can help support Syrian refugees is by going to myregistry.com, and purchasing items for refugees from a 'Wish List.' Search: St. Joe's Refugee Outreach, (Non-Profit Section). Gift cards to Ikea, Canadian Tire, and Loblaws, are also greatly appreciated! Please see the Welcome Desk, or contact Erin Anderson at 613-301-9904 or erin.anderson@rogers.com for more information.

Contacts

Executive Director

—Chris Adam x223
cadam@st-josephs.ca

Finance

—Anthony Churko x229
achurko@...

Faith Formation & Young Adult Ministry

—Michelle Miller x235
mmiller@...

Front Office Coordinator

—Brandon Rushton x251
brushton@...

Maintenance

—Nick Cacciato x230
ncacciato@...

Music & Liturgy

—Jamie Loback x228
jamieloback@yahoo.ca

Pastor

—Fr. Richard Beaudette x222
rbeaudette@omilacombe.ca

Supper Table Manager

—Mary Murphy x240
mmurphy@...

Women's Centre Director

—Marsha Wilson x224
mwilson@...

Baptism Prep

Three Saturdays: March 5, 12, and 19 from 10-11:30 am. Plan to attend all three. Registration required. Contact Michelle.

Marriage Prep

The St. Joe's spring course will be Apr. 9 and 10 from 9:30 am-4pm each day. Register online.

Questions?

Contact Michelle Miller at mmiller@st-josephs.ca or 613-233-4095 x 235.



Looking for meaningful Volunteer experience?

Ancoura provides affordable housing and social support for adults living with mental illness. We are looking for volunteers to visit with residents...for coffee, walks, going to movies, shopping, etc. As Board or Committee members (Communications, Fundraising, Finance, Social); or as Occasional Volunteers. For more information, please contact Rick Haughian at 613-730-5425 or richard3h@sympatico.ca

LGBT and Straight Alliance's Book Club

—Please join us for a discussion of Colm Toibin's novel *The Blackwater Lightship*, Thursday, March 31, 7 pm in the Oblate Lounge in the parish building. The book is available at the Ottawa Public Library and in bookstores.

Welcome Desk Volunteers Needed

—Two volunteers are needed for one Saturday a month. For this, you must arrive 20 minutes before 5 pm Mass, and remain 20 minutes afterward. Please contact Ann Kelly at ak-3@sympatico.ca or sign up at Welcome Desk.

—One volunteer needed for the 9:30 am Mass on the third Sunday of the month. General duties include staffing the Welcome Desk, receiving registrations and answering questions. Please contact Michelle Miller at mmiller@st-josephs.ca for more information or sign up at the Welcome Desk.

One-on-One Healing Touch

Will take place on **Friday March 18, 9:30-11:30 am.**

Take the opportunity to experience inner calm and well-being. Come if you are stressed physically, emotionally, spiritually, or if you are grieving a loss. Offered by Helena Robb, Clara Nasello, Colette Chartrand, Norah McMahon. Sign up at the Welcome Desk or contact Colette at [613-562-1163](tel:613-562-1163) or email colettec@bell.net For last-minute cancellation, call the Front Office at [613-233-4095](tel:613-233-4095) x 221.



Need info on:

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings

Visit website then contact Michelle Miller x 35 or mmiller@st-josephs.ca

--Funerals

Sharon Gravelle
segravelle@bell.net

--Memorial Masses

contact the Front Desk

--Pastoral Care or Anointing of the Sick

Contact the Parish Office or Fr. Richard Beaudette

—Our Bulletin

—Is also posted on our website each week.

—Email submissions online at the website under "publications/bulletin/submission" by Wed noon.

—To receive this Bulletin via email each week, contact: frontdesk@st-josephs.ca

Library News

Books on PRAYER available include: Huck, Gabe. *Teach me to Pray: a Way of Prayer (BT2619.H8 1982)*; Maalouf, Jean. *Healing Power of Prayer (BV210.3.P7M32)* and Stankard, Bernadette. *Prayer and Multiple Intelligences: Who I am is how I Pray (BV215.S7 2005)*.



Ministry Highlight This Week: English Conversation Group



The English Conversation Group "ECG", sponsored by a number of churches in Ottawa including St Joe's, has been operating for over 20 years with the goal of helping participants strengthen their English language skills. The ECG does this by way of an in-

formal drop-in format which invites participants and volunteers to join the group when they can and wish to do so. Our goal is to enable participants to have a one-on-one conversation with a volunteer who speaks English fluently. It matters not whether participants (often newcomers to Canada; such as stu-

dents, teachers, immigrants, refugees etc.) have a considerable knowledge of English or just a little — all are welcome to practice conversational skills at their own pace. The relaxed, inclusive and friendly atmosphere of our sessions allows for social interaction to come easily and enables language skills to be improved in a supportive, friendly, and enjoyable way.

Starting in September and ending in June, the ECG meets every Wednesday evening from 7 to 8:30 pm in Room L-142 of La Framboise Hall at St Paul's University, 233 Main St, Ottawa. If you would like to improve your spoken English or if you are interested in becoming a volunteer please, consider joining our group.

For more info please contact Michael Richard at (613) 744-2429 or by email at michaelrichard2008@hotmail.com

Make this Year's Lent a Commitment to Hope and Mercy for Our Common Home

"Let us pray for the suffering of our common home, who cries out to us because of the harm we have inflicted on her by our irresponsible use and abuse of resources and goods and needless waste. May we heed her cries, and remember that we ourselves are dust of the earth, our bodies are made up of her elements, and that we breathe her air and we receive life and refreshment from her waters." (Laudato Si, 2).

Please pick up a copy of Development and Peace's mini-magazine **Create a Climate of Change** which profiles our partners in Haiti, Paraguay, Indonesia, and Palestine. The messages are clear for us in the developed world—live simply, open our hearts to be merciful and transform our lives so that all can live in dignity.

Info: www.devp.org



**Development
and Peace**

**Prayers
please**

Pray for the sick: Mary Bingham, Gerry Cooney, Marian Chappell, Pat Dunnigan, Bob Diotte, Richard Maloney, Maureen, Janine Jabbour, Denyse Cyr, Loretta Favret, Cassandra Destin, Anathalie Guerrier, Frantz Donatien, Yvon Saurnier, Daniel Nixon, Jim Teahen, Zhang Yu Lan, Danny Sullivan, Jean-Claude Filion, Pauline Shields, Cecilia Ryan, Mauril Belanger, Mary Wynands, Baby Audrey, Liliana Sarda, Sally Morrow, Cathleen Kneen, Remo Marcantonio, Alice Fox, David Fox, Maria Teixeira, Geraldine Dunnigan, Tony Lo, Grainne & Ken Lambert, Benjamin Drobig, Joshua Henry, Michael Moses, Maureen Monnette, Simone Maingot, Rolf Schindler, and Joel Bachman. **Pray for those who have died:** Ross Hastings, Keelin Cooney, Bill Lawlor, Liam Lambert, Jean Doummar, Terry Mihigo, Lorraine Gunn, Mercier Lafontaine, James Robinson, Stan Dimitrijevic, Peter Tyrrell, Helena P., Edward M., Jean Lajeunesse, Frank Fox, Anna Yensen, Sr. Cecile Larocque, Alain Pouliquen, Anthony Borrelli, Rose Holl, Mark Kingston, Doug Small, Augustine, Sister Teresa Cannon, Elizabeth Bradley, Black Phillips, Eugene Grenier, Connie Larock, Evelyn Garneau. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

FROM AROUND THE COMMUNITY...

—CPJ CLIMATE ACTION AFTER PARIS - NEXT STEPS FOR FAITH COMMUNITIES:

At international climate negotiations (COP21) last December, world leaders drafted "The Paris Agreement." Citizens for Public Justice is hosting an event to explore the significance of this agreement and how faith communities can move forward on climate issues. Dennis Gruending will interview Mardi Tindal (leader of The United Church delegation to COP21) regarding her experience of COP21. Following time for questions, Karri Munn-Venn (Citizens for Public Justice), Graham Saul (Ecology Ottawa), and Tony Clarke (The Polaris Institute) will lead a discussion of next steps for Canadian communities of faith. Join us at Centretown United Church, 507 Bank St (at Argyll), **Wednesday, March 9, 7-9 pm.** More info at cpj.ca/events.

—OTTAWA CATHOLIC CURSILLO MOVEMENT DISCERNMENT WEEKEND:

Open to all Cursillistas wanting to deepen their faith and looking toward the future of this Movement in Ottawa. **March 5-6, 2016.** Cost: \$130 (includes an overnight stay and meals). For more information, contact Fitz Grant (fgrant@sympatico.ca) or Marc Bélanger (marcbelanger9@sympatico.ca).

—DEVELOPMENT AND PEACE - COMMITMENT TO SYRIA:

Development and Peace has called on the Canadian Government to extend humanitarian aid to the most vulnerable in the Syria crisis and to intensify its diplomatic efforts. According to the United Nations, during five years of war, 13.5 million Syrians have needed immediate help and 4.5 million sought refuge outside their country, while 6.6 million are inter-

nally displaced. Development and Peace has been responding since 2012 and has invested \$24 million to assist 600,000 Syrians in Jordan, Turkey and Lebanon, mostly with local Caritas partners. Since September 2015, \$2.2 million in D & P donations have been matched by the Canadian Government. Donations to "Syria Crisis" made before Feb. 29 will still be matched. Donations for Syria can be made at devp.org; or Development and Peace, 1425 René-Lévesque Blvd., 3rd Floor, Montreal QC H3G 1T7; or 888-234-8533.

—DIOCESAN FAMILY & YOUTH OFFICE PRESENTS 'MOVED BY MERCY - HUNGRY AND HOMELESS':

St. George Parish, 415 Piccadilly Ave., **Sat., Mar. 12, 9:00 am - 1:00 pm.** The first of three sessions in this Jubilee Year of Mercy; sponsored by the Diocesan Family & Youth Ministry Office. Prayer, speakers, discussion, lunch. Live your faith & show God's mercy. All ages welcome. Free child care and children's programming available. RSVP: (skorban@archottawa.ca).

—AWAKENING THE PRESENCE OF GOD (SESSION 1):

Discover where we each fit in our relationships to the rest of creation - master, steward, partner, and participant. Come, listen, recall, reflect, share, think, rethink, and gather Wisdom. Facilitator: Sr. Miriam Martin, Prof. at St. Paul's. **Sat. Mar. 12, 9:30 am-12:30 pm** in Canadian Martyrs Parish Centre. This is the first of 2 sessions. In his encyclical *Laudato Si*, Pope Francis states, "we have forgotten who we are". Come and experience an awakening to the presence of God and ponder who we are in the creation story. Registration is required by Wed. Mar 9 - patricia.lavolette@sympatico.ca or call the office at 232-5347. Session 2 "Awakening to God's Easter Presence" will be held later in April.

Seminar on Planning for Dependents with Disabilities

Reach Canada provides educational programs and lawyer referral services that address the rights and interests of persons with disabilities, fostering access to justice in the community. It is a charitable and self-funded organization celebrating its 35th year.

Tuesday March 1 from 7 pm - 9 pm, Reach is hosting a seminar on Wills, Estate Planning, Power of Attorney, and Capacity Assessments for families/guardians with dependents with disabilities. The seminar will take place at 363 Coventry Rd, United Way Office. For more information and to register, visit www.reach.ca or call 613-236-6636 or email reach@reach.ca